



Program Reports Summary – June 2014 to May 2015

Community Integration (Day Programs)

7th Avenue Day Program

13 Clients (9 Male/4 Female)

Individuals at the **7th Avenue Day Program** enjoy socializing with their friends and taking part in arts and craft activities. Individuals have a variety of skill levels, ranging from semi-independent to full support. One client shreds paper for Pharmasave, for which he receives a wage. Twelve of the thirteen clients have been attending for over 5 years.

Special Events & Projects:

- Halloween, Christmas and Valentine's Day gatherings were enjoyed by all (regular attendees and also many others).
- Gail Thompson repaired the torn leather couch – it looks great.
- Individuals worked on many seasonal crafts and have enjoyed painting rocks.

Other Activities:

- Movie and music programs are both held once per week.
- A "Sit and Fit" exercise program is popular with several individuals.
- A Cookie baking day is being held once per month – a dollar is being charged to cover costs.
- A couple of individuals went on a shopping outing to Cranbrook, mainly to purchase craft supplies.

Areas of Concern:

- The lack of a Capital Reserve continues to be a concern.
- The Hot Lunch Program has been discontinued as we were unable to cover costs. The Health Inspector also informed us that individuals would not be allowed to bring their packed lunches into a licensed food premises. We therefore chose to discontinue the License.

Goals for the Coming Year:

Our goal for the coming year is again to take people on outings when possible (minimum of 2 times per month.)

8th Ave Day Programs

13 Clients (11 Male/2 Female)

The individuals who attend the **8th Ave Day Programs** help with woodworking for which products are sold with the profit going to clients. Clients also earn extra income doing yard work and snow removal, mostly at CDSCL homes. A Recycling pickup-up service also provides extra income. There were 2 new clients this year, with 9 individuals participating for over 5 years.



Special Events/Projects:

- Everyone enjoyed a Halloween party and Valentine's Party at the 7th Ave Day Program as well as the Christmas Open House at the Day Program/Office.
- A picnic was held at Millennium Park in September and a Christmas Party at the Woodshop in December.
- We need to put the finishing touches on the lunch room (kitchen cupboard doors, painting trim etc.)

Ongoing Activities:

- Some individuals are involved in yard work and snow removal; they receive \$11 per hour.
- Recently clients have started filling envelopes (baggies) with nuts and bolts etc. for a company and are receiving piece work wages for this. There are several individuals who want to do this.

Areas of Concern:

- Some individuals are aging and losing skills.
- We continue to work hard to produce income from sales for individuals; we managed to cover Incentive Allowances this year.

Goals for the Coming Year:

- To reduce expenditure on Coffee Break supplies. (Gleaners has helped with this by donating coffee, pop and snacks.)

Community Housing Programs

Purcell Place is a four-bedroom, wheelchair accessible, 24-hour supported licensed home in the Creston Valley community. There are three women and one gentleman living here. One client uses a wheelchair, and three clients have full mobility. All clients have epilepsy and one has Celiac disease. Three of the clients participate in Day Programs during the week.

Special Events:

A new client moved into Purcell Place on May 4th, 2015 following the death of a former client in November 2014. The new client is adjusting well and is a "good fit" at Purcell Place. All clients enjoy birthday and seasonal celebrations as well as family contact throughout the year. Friends and family are encouraged to visit.

Projects:

- Staff continue to work hard at maintaining a comfortable welcoming home.
- We are planning a major kitchen renovation soon.

Ongoing Activities:

- Two clients attend Cresteramics and one client attends the CDSCL Day Program for music and crafts.
- One client chooses to enjoy the comforts of his home and will go out with staff as well as travel to visit family out of town.
- One client has family visiting weekly.



Areas of Concern:

- Maintaining the home to licensing standards continues to be an ongoing endeavour; CDSCL Maintenance does a good job keeping up on repairs.
- The Kitchen Cupboards and Counters will be replaced within the next couple of months. This may be disruptive to the home until completed. The goal is for it to be done as quickly as possible.

Goals for the Coming Year:

Last years' goals were accomplished: A new garden shed was purchased, water stains on the ceiling were rectified and the kitchen renovation should be done soon.

New goal: To have the table top covered with arbourite once the kitchen is completed.

The **25th Ave Group Home** is a four-bedroom licensed home. It is fully equipped for the care of clients with mobility issues. It is currently home to two ambulatory men, one woman with a walker/wheelchair and one man who is in a wheelchair.

Special Events/Projects/Activities:

- Everyone enjoyed the second Annual Christmas Sing-a-long.
- Clients have been attending dances/dinners.
- Birthdays, Thanksgiving and Easter are all celebrated in the home.
- \$60,000 was received from a client's family for use to improve the lives of the clients at 25th Ave.
- An ongoing project is to replace the front deck from the money received as a donation; we are waiting for the contractor to begin the work.
- Bedrooms that needed an upgrade were refurbished.
- We obtained a successful three-year Accreditation.

Areas of Concern:

- The Barbecue was stolen and has been replaced. Staff are now ensuring that items which are stored outside are secured.
- There was some water damage to the kitchen floor from a dishwasher leak; there was some concern for mold, but it has dried out and appears to be fine.

Goals for the Coming Year:

- To ensure that outstanding issues are addressed for internal and external inspections.
- To maintain the required documentation to meet Accreditation standards.
- To host the third Annual Christmas Sing-a-long in December.
- To purchase new tie-downs for the van.



The **25th Ave Group Home Suite** is a one-bedroom Supported Living suite attached to the 25th Avenue Group Home. There is one independent male client receiving 4 hours of service per day.

Special Events/Projects/Activities:

- The client spent Christmas with his family and also went home to celebrate his birthday.
- He attends special occasion dinners at 25th Ave.
- He received a new, much appreciated stove during the last year.
- He continues to be a CDSCL Board member.
- He now walks with a client who lives at 25th Ave on Sundays to meet a friend.

Areas of Concern:

He is concerned about the lack of shredding from his employer and has been working with Kootenay Employment Services to find more work.

Goals for the Coming Year:

- To obtain more employment.
- To save money.
- To have a new door knob installed on his bathroom door. (*Done*)

Orchard House and Apartment

Orchard House is a licensed 24-hour, partially wheelchair accessible home on 5 acres of property out of town that currently has 5 clients in the main house and one in a detached apartment. One client can access the community independently. One client lacks mobility and uses a wheelchair, a lift etc. One client is elderly with multiple health issues. Most clients have significant mental health concerns.

Special Events/Projects/Activities

- A Pivot Point Behavioural specialist has been working with three clients and is in the process of developing detailed behavior programs for them.
- As the organization was not able to proceed with the major renovations that had previously been drawn up by an architect, minor renovations and redecorating is in process.
- One client continues to enjoy and benefit from the additional 6 hours per week of 1-1 staffing that she receives.
- Staff work hard to ensure that all clients have some one-on-one attention – it is not always easy.

Concerns:

- Our beautiful large pine tree has been declared a hazard that will need to be removed; this is a real shame as it provided much needed shade over the patio area.
- Incoming funds are not keeping up with outgoing expenses.
- We are catching up on general maintenance in and around the home now that we know we cannot proceed with major reconstruction.
- Upgrading the septic system will need to be done.



Goals:

- Install new linoleum and treads for the stairway to the upper floor.
- Install new linoleum for two bedrooms.
- Put in a larger window for the living room.
- Paint the interior throughout the home.
- Replace the aging furniture.
- Ensure all clients have a “vacation” or at least something for some time they feel is special to them.

16th Avenue

16th Avenue is a split level house owned by CDSCL that supports clients under Community Living BC contracts called Cluster Living. All clients are semi-independent and can access the community on their own. The four clients get along very well with very little tension in the home. All clients are generally healthy but normal aging concerns are developing especially around dementia.

Special Events/Projects/Activities:

- Two clients have extensive visits with their siblings, even travelling out of province for extended visits; one flying to Vancouver Island up to two times annually.
- All clients attend many events such as birthdays, festivals etc.
- One client requested to move to an empty upstairs bedroom and this was accomplished. He purchased a new armchair and TV cabinet to complete the move.
- One individual attends all available Therapeutic Riding classes and events.
- Another client has enjoyed many visits to the public pool.

Areas of Concern:

- Clients’ funds continue to dwindle as costs increase on almost everything. Any long-term activities such as TRP and swimming passes take a large chunk of the funds left after Room and Board expenses are paid; clothing, furniture and other recreation needs will be affected in the future.
- Clients are aging – there are some concerns regarding onset of dementia and their ability to continue to access the community on their own.

Goals:

- Monitor clients for dementia and related risks, especially as both male clients have always accessed the community freely.
- Staff will endeavor to provide support in accessing the community for one client whenever possible to help him gradually accept more staff presence in his life.



Supported Living

CDSCL provides support to 3 individuals who live semi-independently in two apartments in the Creston community.

Hillside Apt #401 (Rebekah Manor)

Two men reside in a two-bedroom apartment in Rebekah Manor, a seniors' apartment managed by CDSCL. They are supported Monday to Friday each week for a total of 15 hours. There is some weekend support in the morning to weigh one client and assist with compression stockings.

Special Events & Projects:

- Both men access the community independently and value their independence.
- They attend birthday celebrations and community events of their choice. They each have their own circle of friends.
- These clients are supported to maximize their level of independence.

Other Activities:

- Both men actively participate in Special Olympics sports and related social events.
- One client travelled to Nelson to a bowling tournament and proudly returned with a medal.
- One client continues to attend tutoring class once per week to improve reading and writing skills.

Areas of Concern:

One client is diagnosed with mild congestive heart failure. Staff have been able to manage this condition with support from his medical team and well-being checks from other CDSCL staff. This approach appears to be working at this time.

Goal:

To maintain current level of independence and continue to manage support system to accommodate changing health care needs.

Hillside Apt #207 (Rebekah Manor)

A retired senior lives alone in his apartment in Rebekah Manor, which is a secure building for seniors managed by CDSCL. He is legally blind, but manages quite well in his familiar surroundings. He has a total of 3.5 hours of staffing support daily.

Activities/Projects/Events:

- He is now in his fourth year at Rebekah Manor.
- Although he states that he does not need any support, he is agreeable to his current level of support.
- He does not access his community on his own due to his limited vision.
- Staff encourage community integration and offer opportunities to access the community and visit with friends.



- He goes out for a weekly meal with staff at the local bar and restaurant. All activities are staff supported and dependent on his willingness to participate. He is offered choices and opportunities, but often chooses to remain at home.

Area of Concern

His willingness to accept his diminishing vision and aging process as it relates to his acceptance of support is a concern. He appears to be happy and well adjusted to his home and support team.

Goals for the Coming Year:

To continue to support the client to maintain his current level of independence and support.

Personal Supports

CDSCL provided support to two individuals in Home Share situations over the last year. They received 20 to 22.5 hours of staff support per week. Personal Support Services received a successful Accreditation Survey in February with no recommendations.

One client, **H.J.** receives 22.5 hours of support per week, Monday to Friday, which includes shopping, cooking skills, socialization and community involvement.

Special Events, Projects and Activities:

- He celebrated his birthday and his worker's birthday.
- He attend the monthly birthday cake/client meetings at the 7th Ave Day Program.
- He tried spool knitting, but lost interest in this.
- He did numerous art projects, including painting and decorating a bird house.
- He moved his kitchen downstairs at 16th Ave for his lunch program and set it up. This is going well.
- He is no longer a client of Pivot Point due to how well he is doing.

Areas of Concern:

He has chosen not to go swimming; his care providers would like to see him go at least once per week as he enjoys it when he goes.

Goals for the Upcoming Year:

- To go to the train museum in Cranbrook.
- To have his Personal Support Planning (PSP) meeting include the DDMHS nurse.

The other client, **C.P.** received 20 hours of support per week to provide care in her home and community activation. Staff delivered medications as well as doing the tube feeding.

Events/Projects/Activities

- She made the request to move into a seniors facility at the beginning of June when her home-share provider discontinued the contract to support her. She did not want to continue with another home-share provider. This meant that our support for her discontinued as of June 2nd. (She passed away shortly after moving to the new facility.)



- During the year the focus was to ensure that her workers were meeting the expectations. This did not always go well.
- The client was supported to access the community; there was a period of time when her van was broken down that limited this.
- She would come and enjoy the music program at the 7th Ave Day Program when Casual employees worked with her.

Areas of Concern:

- Staff working alone in isolation was a concern. Checking-in procedures were being worked on, but were not put in place.
- Training casuals to work with this client was problematic due to the training needs.



Senior's Housing - Rebekah Manor

CDSCL manages a 26-unit apartment building for seniors with low income. Up until June 2015 it was subsidized through rent subsidy payments from BC Housing. Tenants pay 30% of their income, or \$320 per month if they are on Persons with Disabilities (PWD) Benefits. As of August 1st there will be no vacancies with 27 individuals in residence. There are six names on the waiting list.

The Steering Committee meets with tenants every two months to address concerns – this is very much appreciated by the tenants. Apartments are inspected once per year to keep maintenance issues up to date and to check for safety issues in the apartments.

Activities/Issues over the Last Year:

- Four tenants moved out, with new tenants moving in within one or two months.
- The living room carpet and kitchen tile was replaced in several apartments.
- Three apartments were repainted.
- Three apartments had new tub surrounds installed as the showers needed to be upgraded.
- Tenant issues regarding visitors sleeping over and being disruptive to other tenants were addressed.
- There was one issue of theft that has been dealt with.
- One client's visitor had been smoking, which was addressed.
- There were also some issues with parking and children in the neighborhood riding their bikes etc. in the parking lot. More signs were put up, as well as tenants keeping an eye on this.
- The fire department spoke to the tenants about fire safety. We will be making a formalized fire evacuation plan to add to what is already in place. Information on evacuation and contacts has been sent to the fire department.
- A new washing machine was purchased to replace an old one, but seems to be difficult to operate due to it being computerized.
- Ongoing repairs were addressed by the Maintenance Department throughout the year.

Areas of Concern:

- As of June 2015 the mortgage is paid and therefore BC Housing is no longer involved with the project. CDSCL will continue to operate the building as a seniors apartment with rent geared to income. A transition plan was adopted in order to deal with the lack of subsidized payments from BC Housing, but we feel it is manageable. This includes charging electricity for new tenants, increasing the amount for tenants on PWD to \$375, increasing laundry charges and raising the maximum for rent payments.
- The elevator is old and needs to be upgraded within the next few years. This will cost up to \$100,000. We will start researching options so that we can make a planned refurbishing rather than waiting for it to stop running. In the meantime, we continue to have the elevator serviced monthly.



- A number of windows are showing peeling around the frames and condensation between the panes; we will replace windows as they are needed.
- The Replacement Reserve is fairly healthy, with over \$150,000 in GIC's; however we will have less money being put aside in the future and we will need to pay for the elevator and windows as well as any other capital costs.
- The prior issue of cleanliness of one tenant continued to be a concern.

Goals:

- To continue to monitor and deal with issues of visitors and cleanliness.
- To continue to meet with tenants every two months.
- To monitor the financial situation regularly and revise the plan for dealing with the loss of BC Housing subsidy if needed.
- To maintain full occupancy in the building.