



Program Reports Summary – June 2013 to May 2014

Community Integration (Day Programs)

The **7th Avenue Day Program** provides a comfortable social setting for 15 individuals (plus drop-ins) to meet friends and take part in crafts and other activities.

Special Events & Projects:

- Socials for Halloween, Christmas and Valentine's were well attended and enjoyed by all.
- A classical guitar concert and a Christmas concert were put on by volunteers.
- Clients and staff enjoyed holding a retirement party for an employee in May.
- The bathroom was renovated, using up the remainder of the Capital Reserve fund.
- A cupboard was purchased for crafts and supplies.
- An exercise program, "Sit and Fit" was started and is enjoyed by several clients.
- Individuals worked on several art projects, including a wonderful mural for the basement meeting room.

Ongoing Activities:

- A Music Program is held once per week – this is a big favourite and is well attended.
- A Movie afternoon is also held once per week as well as the Hot Lunch Program.
- Crafts and Art Work program continue on a regular basis for those who want to participate.

Areas of Concern:

The lack of money in a Capital Reserve is a concern, as we may need to replace equipment or furniture in the future. It may be possible to obtain funding for these types of items from organizations such as Gleaners. (Small items can be purchased from the Operating Budget.)

Goals for the Coming Year:

Our goal for this year is to take people on outings (minimum twice per month) when extra staff person from the 25th Ave Group Home is at the Day Program. This could be attending community events, going for coffee, trips to Gleaners, walks etc.

The 13 individuals who attend the **8th Ave Day Programs** are involved in the production of wood products. We also run a Recycling Pickup Program (Clear Blue Recycling) and a Community Clean-up Employment Program (funded by the Town of Creston) runs from May to September and employs three clients. Individuals in these programs are fairly independent, with varying degrees of skill re – woodworking etc.

Special Events/Projects:

- Our annual Millennium Park picnic was held in September and a Christmas party in December. Everyone also attended the Christmas Open House at the 7th Ave Day Program and Valentine's Party in February. A few individuals attended the annual CLBC summer picnic in Cranbrook.
- The Chain Link Fence has been installed on the alley side of the Woodshop.
- Finishing touches to the lunch room (mainly kitchen cupboards) are on hold due to lack of funding.



Ongoing Activities:

- Individuals involved in the snow removal and yard work programs earn \$11.00 per hour. These are mainly for CDSCL properties, but we have added one business as a customer this spring.
- One individual has a Paper Shredding contract with Pharmasave and is using a room at the 7th Ave Day Program for this.

Areas of Concern:

- Clients are aging, which has impacted production at the Woodshop. One individual has recently retired. We are hoping to bring in some new clients gradually.
- Sales were down this last year, but have picked up from April to June 2014. We did not make enough money to cover all the Incentive Allowance for clients, but hope to do better this year.

Goals for the Coming Year:

- To increase income (sales) in order to be able to continue the current Incentive Pay levels. We have had a good spring.
- To bring in some new clients. (Note – there was one new client last year, and another one starting in July 2014).

Community Housing Programs

Purcell Place is a four-bedroom, wheelchair accessible, 24-hour licensed home. One client uses a wheelchair, and another uses a walker. The other two clients have full mobility. Three of them are epileptic. One client has Celiac Disease and glucose intolerance.

Special Events/Projects:

- Clients enjoy birthday celebrations and seasonal celebrations. Two of the clients have frequent family contact and two have occasional contact.
- Staff continue to work hard at maintaining a pleasing outdoor space for clients and a comfortable home.

Ongoing Activities:

- Two of the clients attend the CDSCL Day Program part-time and enjoy socializing with friends, creating crafts and especially the Friday Music Program.
- One client attends Cersteramics four days per week.
- One client travels out of town to spend time with family and enjoys short trips in the Creston area to see farm animals.

Areas of Concern:

Maintaining the home to licensing standards is a concern due to walls and doorways being damaged from wheelchairs and water stains in the ceiling. (Note these are being rectified this summer). Kitchen cupboards and counter-tops are worn and need to be replaced.

Goals for the Coming Year:

All of the home goals for last year were accomplished. Upcoming goals are as follows:



- To purchase a new garden shed. (Done in July)
- Fix water stains on ceiling and have the cause of water stains rectified. (Done in July)
- To have Kitchen Cupboards and counter tops replaced. (This is now scheduled on the Capital Plan for the upcoming year).

The **25th Ave Group Home** is a four-bedroom licensed home. It is fully equipped for the care of clients in wheelchairs or other mobility issues. It is currently home to 4 clients, two who are ambulatory, one who uses a walker, and one who is in a wheelchair.

Special Events/Projects/Activities:

- This past year saw the First Annual Christmas Sing-a-long.
- Birthdays, Thanksgiving and Easter are all celebrated in the home.
- The Carpet was replaced with fabulous wood-look lino. ☺
- The front and back deck have been painted.
- Clients are enjoying music, puzzles, cards, movies and going out into community.

Areas of Concern:

- With the sun-downing of the two clients with dementia, staff have requested the scheduling in the off-hours to be moved (done).
- Ensuring Casual Employees understand the “Gentle Care” as directed by the nurse.

Goals for the Coming Year:

- To replace the front deck once a client receives an inheritance.
- To have Personal Service Plans for all clients.
- To successfully make it through Accreditation.
- To have the Second Annual Christmas Sing-a-long.

The **25th Ave Group Home Suite** is attached to the 25th Avenue Group Home. The suite has now been de-licensed and is occupied by a gentleman who is semi-independent. He has four hours of staffing per day. The program shares the same Coordinator as 25th Ave Group Home, but other than that is totally separate.

Special Events/Projects/Activities:

- The client moved into the suite in October 2013. He appears happy at his new apartment; he is invited over to 25th Ave for special occasions.
- He spent Christmas with his family.
- A new fridge was purchased for the suite prior to the move-in date.
- He is working on a large 1000 piece jigsaw puzzle to give as a birthday gift next spring.
- He is very active in the community and very much is self-directing his staff.
- His hip surgery in 2013 was successful.
- He had a change in Coordinator in November 2013 and has adjusted well to this.

Areas of Concern: There are no concerns: being in the connected suite with the Coordinator close at hand is going very well for him.



Goals for the Coming Year:

- To maintain employment with Pharmasave.
- He is attempting to save up some money.
- He continues to work with the Occupational Therapist to keep his leg in good shape.

Orchard House and Apartment

Orchard House is a licensed 24-hour, wheelchair accessible home that currently has 5 clients in the main house and one in a detached apartment. One client is in a wheelchair. Other clients exhibit behavioral and health concerns. One client has 16 hours of 1-1 support.

Special Events/Projects/Activities

- Pivot Point Behavioural Consultants has now been appointed as the agency responsible for developing and monitoring behavioural plans – five clients in this home are included on their list. Staff have met with the consultant to begin the process.
- Once client has been going to Cranbrook every two to three weeks for ECT. It has been changed from her staying overnight, to her going early in the morning and coming back in the afternoon.
- Clients enjoy cruises and participating in the everyday life of the home.

Concerns:

- The building is aging. We have not been able to proceed with major renovations, but have done some repairs and widened one door way to improve wheelchair maneuverability. A new material has been put onto the walls to prevent further damage.
- The layout of the building continues to be an area of concern in regard to managing client behaviours.
- We are concerned about the viability of continuing to have staff take one client to Cranbrook for ECT very early in the morning, especially during the winter.
- The septic system has been of some concern, with the possibility of needing to be replaced suggested. It has held out so far.

Goals:

- To have Pivot Point complete the behavioural plans for the clients at Orchard House.
- To investigate other options for improving the layout of the home.
- To continue to monitor the septic system.

16th Avenue

16th Avenue is a split level house owned by CDSCL that supports clients under Community Living BC contracts called Cluster Living. Clients are semi-independent, requiring supports during the day and evening hours. They are able to access the community on their own, but need help with a variety of concerns. There are two clients upstairs and two downstairs.

The two clients who live downstairs moved from an apartment in October 2013. They have adjusted well. One client's mother recently passed away – he is working through this.



There are currently two women upstairs at 16th Avenue – they are doing well. These clients have approximately 11 hours of staffing support per day.

Special Events/Projects/Activities:

All four clients at 16th Avenue eat their meals together. They enjoy recreation and community events and activities such as Therapeutic Riding, bowling, swimming etc. They are very active in the community, enjoying the use of the Rec Centre. They attend festivals and events throughout the year.

Supported Living

CDSCL provides support to 3 individuals who live semi-independently in two apartments in the Creston community.

Hillside Apt #401 (Rebekah Manor)

- Two men live in a 2-bedroom apartment in a BC Housing apartment complex for individuals who are both over 55 years old. They are supported 5 days per week for a total of 15 hours per week. In addition, daily support is in place for a short time in the morning to assist with compression stockings for one client.

Special Events & Projects:

- Both men enjoy attending birthday celebrations, monthly Rebekah manor pot-lucks and social events, Special Olympics activities thought-out the year, Christmas celebrations and socializing with their chosen friends. Once client travels to and from Cranbrook on the Handi-Dart to visit with his mother.
- Both clients value their independence. CDSCL continues to work towards maintaining this value.

Other Activities:

- One client continues to attend tutoring class to improve reading and writing skills.
- Both clients attend Special Olympics bowling, floor hockey and T-Ball.
- Clients access their community independently.
- Both clients are employed under the Town Clean-up Program between May and September.

Areas of Concern/Goal:

Once client was recently diagnosed with mild congestive heart failure; we are in the process of managing this condition. It is uncertain at this point as how it will impact his independence and support system.

Goal: To maintain current level of independence and manage support systems to accommodate changing health care needs.

Hillside Apt #207 (Rebekah Manor)

A single elderly gentleman lives in his own apartment in Rebekah Manor. He is legally blind, managing quite well in familiar surroundings with a maximum of 3.5 hours of support daily. He does not leave the building without staff.



Activities/Projects/Events:

- He is now in his third year on his own in his apartment. He is maintaining his current level of independence and is firm that he does not need any more support.
- As a part of fulfilling his goals, his alcohol consumption has decreased and he is able to now save money in his bank account.
- Staff continue to encourage him to access his community and socialize. He has made contact with others in Rebekah Manor at the monthly pot-luck and has been out for meals with other clients in the building. He will go out to the bank or shopping with support staff.
- He is happy to be home alone watching his TV or listening to his radio.

Areas of Concern

- There are no major concerns at this time. He appears to be happy and well adjusted to his home and support system.

Goals for the Coming Year:

- To maintain his current level of independence.
- To do some short trips in the Kootenays this summer (underway).

Personal Supports

CDSCL provides support to two individuals who live in Home Share situations. They receive 20 to 22.5 hours per week.

One client, **H.J.** receives 22.5 hours of support per week, Monday to Friday, which includes shopping, cooking skills training, socialization and community involvement.

Special Events, Projects and Activities:

- He attended the Provincial Assessment Centre in Vancouver from November 7/13 to January 6/14. He returned with recommendations and medication changes that have greatly improved his life.
- He looks forward to all celebration, especially Halloween and dressing as Santa at Christmas.
- Staff are working with Pivot Point Behavioural Consultants.
- He is using a Schedule Board, which is going well.
- He enjoys socializing at Orchard House and Shoppers Drugmart.
- There was a change in his Coordinator in November 2013.
- The first Personal Service Planning meeting was held in May 2014.

Areas of Concern:

His inactivity and weight are a concern; these are affecting his mobility somewhat.

Goals for the Upcoming Year:

- To have his support staff and the Coordinator complete the Pivot Point training.
- To continue fine-tuning the Schedule Board.
- To brainstorm and find new things for him to try, working with the Behaviour Consultants.



The other client, **C.P.** receives 20 hours of support per week, which includes personal care, medication delivery and Community Activation. Her personal care is performed in her home-share.

Events/Projects/Activities

- The Coordinator was changed in November 2013. C.P. is getting used to the change and a bond is beginning to develop over at the Coffee Club on Thursdays.
- The Coordinator is working to ensure her home and care meet all of the safety standards that apply.
- Special events are not usually done during the support hours provided by CDSCL.
- She had a winter of refusing to go out but has resumed her community activity including attending Coffee Club on Thursdays.
- She had a trip to Cranbrook to shop for new clothes.
- We do not participate

Areas of Concern:

- Staff working alone in isolation.
- Safe work for employees with lifting and transferring alone.

Goals for the Upcoming Year:

- To have two to three trained Casuals in place.
- To offer her activities in the community.
- To attend Coffee Club twice per year.
- To successfully make it through the upcoming Accreditation Survey.
- To have staff complete the paperwork required.

Senior's Housing - Rebekah Manor

CDSCL manages a 26-unit apartment building for seniors with low income. It is subsidized through rent subsidy payments from BC Housing. Tenants pay 30% of their income, or \$320 per month if they are on Persons with Disabilities (PWD) Benefits. There are currently no vacancies, with 27 individuals in residence. There are eight names on the waiting list.

The Steering Committee meets with tenants every two months to address concerns – this is very much appreciated by the tenants. Apartments are inspected once per year to keep maintenance issues up to date.

Activities/Issues over the Last Year:

- Two tenants moved out, with two new tenants moving in within one month.
- The living room carpet was replaced in one apartment.
- The living room carpet was replaced as well as the tile in the kitchen in another apartment. (The carpet in the hallway was also replaced by lino.)
- The flooring in one bathroom was repaired and the lino replaced.
- Tenant issues regarding visitors sleeping over and being disruptive to other tenants and drain flies on several floors were raised and addressed.



- The locks to the main doors were replaced and new keys issued – these are stamped with “Do not copy” in order to improve the security of the building.
- Three windows were replaced in one apartment.
- Numbers were placed on the walls in front of the elevator on each floor.
- Benches were made at the Woodshop for all floors in the building.
- Ongoing repairs were addressed by the Maintenance Department throughout the year.

Areas of Concern:

- We continue to monitor the concerns with visitors staying overnight longer than the Rental Agreements allow.
- The elevator is old and could do with upgrading. This will cost up to \$100,000. The current decision was to wait until more money is built up in the Reserves and deal with replacing the elevator when it is needed. We continue to have the elevator serviced monthly.
- A number of windows are showing peeling around the frames and condensation between the panes.
- The Operating Agreement with BC Housing will end in June 2015, along with the Mortgage. CDSCL plans to continue operating the building with the same Operating Policies, but will need to develop a financial strategy to ensure it is viable.

Goals:

- To continue to monitor and deal with issues of visitors staying more than two weeks.
- To request a grant from BC Housing for the windows and elevator as Emergency Expenses in order for us to take over the project in June 2015.
- To develop a strategy for maintaining Rebekah Manor as an apartment for seniors with low income after the Operating Agreement ends.
- To maintain full vacancy in the building.