



Program Reports Summary - June 2012 to September 2013

Community Integration (Day Programs)

The **7th Avenue Day Program** provides a social setting for individuals to meet friends and have a coffee. This year clients had a Halloween Party, hosted the Christmas Open House in December and enjoyed a Valentine's Day Party in February. Individuals also enjoyed a Christmas Concert that was put on by a volunteer – everyone enjoyed singing along to the Christmas tunes.

- Other Activities include the following:
 - Individuals and support providers have worked on several art products that are displayed at the Day Program.
 - The Day Program provides a Hot Lunch Program once per week. One individual helps to shop for groceries for this.
 - A Music Program is held weekly – this is well attended. There is also a Movie Afternoon once per week.
- Individuals at this program interact well together for the most part.
- Upcoming projects include:
 - The bathroom will be renovated this fall.
 - A new cupboard for storage of craft supplies has been purchased.
 - We would like to start up an exercise program in the fall. A number of clients have expressed an interest in this.
 - The program will be providing some art work for the office basement, possibly a photo collage.

Clients who attend the **8th Ave Day Programs** are involved in producing wood products for sale to the public. Most of the individuals are fairly independent, with varying degrees of capability/skills. Most require supervision and/or assistance when helping with production.

- Individuals enjoyed our annual Millennium Park picnic last September and a Christmas Party at the Woodshop and the Office Open House in December. A number of individuals also attended the CLBC picnic in Cranbrook both last June and this June.
- The Woodshop addition is complete. Everyone is very pleased to have the new lunch room and two new washrooms. We have been using these since May. Thanks to Gleaners for providing a \$1000 grant to purchase a dishwasher and Air conditioner.
- Other Activities Include:
 - Some individuals are involved in snow removal and yard work programs. This is an opportunity to earn extra income.
 - The Community Clean-up Program runs from June to October – it is a contract with the Town of Creston that provides \$11.00 per hour to three individuals. One of these is new this year and is working out well.
 - The crew attends the Hot Lunch Program at the 7th Ave Day Program once per month.
 - The Recycling pick-up program continues to run twice per month. This year we raised the rates (first time in five years) to cover higher costs.



- We have had to reduce the Incentive Allowance for work done at the Woodshop, as CLBC no longer provides funding for this. Any pay now has to come from Woodshop sales (less production expenses), Clear Blue Recycling and proceeds from returning pop cans. Based on last year's sales figures we should be able to maintain this (at the reduced rates.)
- We have also had to discontinue the "Meals on Wheels" delivery as we can no longer provide pay to the individuals who did this.
- We plan on installing a chain link fence on the alley side of the Woodshop soon to replace the one that is leaning badly into the alley.

Community Housing Programs

Purcell Place is a four-bedroom 24-hour licensed home. There have been no changes in the clients over the past year. There is one client with a wheelchair, one who uses a walker, and two with full mobility. The house is wheelchair accessible.

- Clients enjoy Christmas, Easter and Halloween parties as well as birthday celebrations (one in January, one in June and two in July).
- We continue to get excellent inspections from the Licensing officer – the one for this year was the shortest report the new Licensing Officer has ever written!
- The bathroom had a renovation and looks wonderful. Staff worked hard in creating an outdoor space – purchasing flowers and yard art.
- All three women in the home are active in various Day Programs. We increased one client to three days per week because she was enjoying her "work".
- One client enjoys going home to visit family.
- Two clients experience seizure activity. One has drop seizures, which is causing some damage to furniture and walls.
- A lift is now in place for one client for when she falls.
- Goals for the upcoming year include purchasing new patio equipment and a new sofa and loveseat.
- All of the clients' goals were accomplished.

The **25th Ave Group Home** is a licensed 24-hour, fully wheelchair accessible 4-bedroom home. As one client has just moved to Swan Valley Lodge, there are three clients currently living in the home – one in a wheelchair, one with a walker and one with Dementia. The attached suite is vacant, but will be filled shortly with a semi-independent client. Over the past year and a half there have been numerous movements.

- Christmas, Easter and Halloween are enjoyed by some of the clients. All clients have birthday celebrations.
- We plan to replace the worn carpet in the living room, hallway and bedrooms soon.
- There was a major furniture shuffle due to a new client owning a lot of furniture. This has resulted in the home looking fabulous!
- 2 clients work at Cresteramics, and one attends the 7th Avenue Day Program.



- Clients enjoy playing cards, games, watching movies. We are always looking for in-home activities due to not always being able to get into community.
- Staff at 25th Avenue do scheduling outside office hours evenings and on weekends. This can be an issue at times.
- Client movement was frequent over the past year, with one client moving to Alberta, one relocated due to the failure of her placement, one to Swan Valley Lodge and the person in the suite requesting to move into a Home Share situation. Two new clients moved in on a temporary basis – both were made permanent in January.
- The front deck and railing has been painted.
- Goals include remaining flexible in our care in order to adjust to continual changes.

Orchard House

Orchard House is a licensed 24-hour, wheelchair accessible home that currently has 5 clients in the main house and one in a detached apartment. One client is in a wheelchair. Other clients exhibit behavioral and health concerns. One client has 16 hours of 1-1 support. There was movement between the main house and the apartment due to one client's health issues. These moves went well with positive results for both clients and others too.

- The main issue of discussion was regarding a major renovation to Orchard House to better care for clients.
- One client attended the Provincial Assessment Centre PAC) in Burnaby from July to October 2012. There was a very positive response from this client and good recommendations for her future care from PAC. We have been able to provide six extra hours per week in order to implement a few of the recommendations.
- The building is aging. Even if a major renovation is not done, the house will need a fair amount of repairs and replacement of items etc.

16th Avenue

16th Avenue is a split level house owned by CDSCL that supports clients under Community Living BC contracts called Cluster Living. Clients are semi-independent, requiring supports during the day and evening hours. They are able to access the community on their own, but need help with a variety of concerns. There are two clients upstairs and one downstairs. We are in the process of moving the individual downstairs to the 25th Avenue suite and plan to move two or three clients from an apartment in the community into the home.

There are currently two women upstairs – they are doing well and appear to appreciate the calmer environment, having had up to 5 clients in the home previously. They enjoy recreation and community events and activities such as Therapeutic Riding, bowling, swimming etc. They are very active in the community, enjoying the use of the Rec Centre. They attend festivals and events throughout the year.

One client currently lives downstairs, but will be moving to the 25th Avenue Suite soon. He is excited about this move. He had moved into 16th Avenue last October with his roommate, who had to move to a 24-hour support home (25th Ave) due to decreasing health. He is semi-independent, receiving 4 hours of support per day.



He had a hip joint replacement April 2013 and is now walking on his own without experiencing pain. He started a new job working for Pharmasave doing paper shredding and will return to work shortly. He is now once again accessing the community with staff support and on his own.

Supported Living

CDSCL provides support to 6 individuals who live semi-independently in three apartments in the Creston community.

Hillside Apt #401 (Rebekah Manor)

- Two men live in a 2-bedroom apartment in a BC Housing apartment complex for individuals who are 55+ years old. Clients are supported 5 days per week for approximately 15 hours per week.
- Both clients maintain and value their independence and are appreciative of the support they receive.
- They socialize with their chosen friends on a regular basis and attend community events of their choosing. Both men continue to have contact with family. One client visits his mother regularly in Wycliffe BC, travelling to and from Cranbrook on the Handi Transit.
- Once client continues to attend tutoring classes to improve his reading and writing skills.
- Both men attend Special Olympics bowling, floor hockey and T-ball throughout the season.
- Both men have been employed by CDSCL and are doing the Town Cleanup, a contract from the Town of Creston.
- Their goal is to continue to maintain their independence on a daily basis.

Hillside Apt #207 (Rebekah Manor)

A single elderly gentleman lives in a one-bedroom apartment complex for seniors. He has approximately 4 hours of staffing per day to help with meals and banking etc.

- He is now into his second year on his own in his apartment. All is going well and he really likes to be on his own.
- He chooses not to do much outside of his home, but staff have been able to get him out for short errands and occasional meals out.
- He seems to be happy and well adjusted to his apartment.
- He may want to visit his sister in Fruitvale as she has not been able to visit him in Creston. Staff will arrange a short day trip to see her if he wishes.

8th Avenue #4

Three clients who have been long-time roommates share a three-bedroom apartment in a fourplex. The apartment is rented on a monthly basis. The three men are aged 50+ and have Down's syndrome. Their home is supported by staff with a total of 9 hours per day.

- They attend the CDSCL Woodshop Day Program Monday to Friday part-time.
- All 3 clients maintain semi-independent living skills. They continue to access their community on a regular basis and maintain family contacts. One client participates in Special Olympics bowling and Therapeutic Riding. The other 2 clients also participate in Special Olympics bowling and attend the local gym.



- This summer, two clients took a vacation to Nanaimo BC with staff support. Funds were accessed through one of the client's trust fund to cover expenses. The other client vacationed with his family in Nelson BC and Calgary, AB.
- Clients maintain friendships with their peers and often attend birthday parties. They all enjoy attending community events.
- One client is experiencing bouts of confusion and short-term memory loss. He has been visited by Susan Davies, Mental Health Nurse in March 2013 for an assessment. He is requiring more support from staff to complete simple routines. We saw an increase in his confusion over the last few months, with a number of incidents of strange and unsafe behavior in the community. At the beginning of September a General Support Assessment was done; it was determined that he now requires a higher level of support. The recommendation is for him to go into one of CDSCL's group homes.
- One of the concerns for these men is that their neighbor is a "high risk sex offender." This presents significant risk to them and their care providers. In addition they are having some difficulty with the stairs in the home. They are planning on moving into 16th Avenue in the near future in order to deal with these and other issues.
- The goals are to ensure safety and well being of these clients and support staff on a daily basis and to maintain their independence as much as possible on a daily basis.

Personal Supports

CDSCL provides support to two individuals who live in Home Share situations. They receive 20 to 22.5 hours per week.

We provide staff support for one client gets for 4 hours per day, Monday to Friday from 11am to 3pm for community interaction, making a lunch meal, swimming and other recreation. Staff pick him up from his home and return him at the end of the shift.

- Maintaining a regular schedule can be difficult at times due to changes in his moods, but overall he enjoys socializing for brief periods.
- Swimming at the Rec Centre is the most consistent part of his program, along with meal preparation at 16th Avenue.
- He is on a waiting list to attend the Provincial Assessment Centre for 3 months and is anxious about this.
- His regular staff of over three years has just moved and he now has a new staff person. He is adjusting well – his care providers report that it is going very well.

The other client receives staffing support three days per week for a total of 20 hours per week. She lives in a private home share provider in West Creston. She is non-ambulatory, requiring support for all needs and activities of daily living. Medications and food nutrients are administered through a tube feed.

- She is supported to access her community on a regular basis. She chooses activities that are of interest to her. She enjoys meeting with friends at Cresteramics and the local Bakery, or just a leisurely drive through the countryside.
- Our goal is to continue to support her needs within her home and to access her community on a regular basis.



Senior's Housing - Rebekah Manor

CDSCL manages a 26-unit apartment building for seniors with low income. It is subsidized through rent subsidy payments from BC Housing. Tenants pay 30% of their income, or \$320 per month if they are on Persons with Disabilities (PWD) Benefits. There are currently 26 individuals in residence, with one vacancy which will be filled October 1st. The Steering Committee meets with tenants every two months to address concerns. Apartments are inspected once per year to keep maintenance issues up to date.

Items over the past year:

- Three tenants moved out, with three new tenants moving in within one or two months.
- Three stoves and one hot water heater were replaced.
- The Cedar Shake siding has been replaced with metal siding.
- Carpet was replaced by tile in the entry way of one vacant apartment.
- Carpet and lino was replaced in another empty apartment. This apartment was also completely repainted.
- Tenant issues regarding noise, cleanliness and social interaction were raised and addressed.